

1. A fixture for securing a fastener to a substrate comprising:

an outer support member including a securing means for temporarily securing said outer support member to a substrate, said outer support member including a central bore;

an inner retainer for releasably holding an attachment, said inner retainer  
5 telescopically moveable within said outer support's central bore with said outer support member movably supporting said inner retainer for movement of the attachment between a first position out of substantial bearing engagement with a substrate and a second position in bearing engagement with a substrate;

10 biasing means for biasing said attachment toward the substrate when said outer support member is affixed to a substrate and said inner retainer is moved to said second position; and

a stop projecting radially outward from said inner retainer for engaging said outer support member when said inner retainer is moved to said second position, said stop restricting telescopic movement of said inner retainer relative to said outer support  
15 member to prevent excessive force by said attachment against the substrate.

2. The fixture for securing an attachment to a substrate of claim 1 wherein:

said outer support member has a proximal extremity and a distal extremity for engaging a substrate;

said inner retainer includes a proximal extremity and a distal extremity for  
5 releasably holding the attachment; and

said stop radially projects outward from said inner retainer and includes a shoulder which engages said outer support member's proximal extremity when said inner retainer is moved to said second position.

3. The fixture of claim 2 wherein said fixture is a one-piece construction.

10 4. The fixture of claim 3 wherein said outer support member is connected to said inner retainer by a plurality of flexible spokes.

5. The fixture of claim 2 wherein said fixture is a two-piece construction

6. The fixture of claim 1 wherein said biasing means includes an outer beveled edge which projects radially inward from said outer support member and an inner beveled edge which projects outward from said inner retainer, the engagement of said beveled edges locking said inner retainer in said second position..

5 7. The fixture for securing an attachment to a substrate of claim 2 wherein said securing means includes an adhesive tape adhered to said outer support member.